



# Up In Here

Choreographed by **Shea McCafferty (USA) (August 2017)**  
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**Description:** 72 counts, Phrased Advanced level Line Dance  
**Music:** "Up In Here" 5 After Midnight Approx. 3.21 mins  
**Count In:** Dance begins after 16cts. Starts on Lyrics "New Girl"  
**Notes:** ABC dance with 1 tag. Sequence A B Cx4 A B Cx8 A B TAG Cx4 A  
 Overall winner of Non-Country Division at World Dance Masters 17'

<b>A:</b> Section		End Facing
<b>1 - 8</b>	<b>Side Behind Side, Kick and Touch, Unwind 1/2 with sweep, Anchor Step, Ball Step fwd</b>	
1, 2 &	Step R to R side (1), Step L Behind R (2), Step R to R side (&)	12
3 & 4	Kick L out to left side (3) Step L foot down (&) Touch R foot behind L (4)	12
5	1/2 turn unwind (weight ends L), releasing R foot into a sweep from front to back (5)	6
6 & 7	Step R back (6) Step ball of L foot in front of R (&) Step R back (7)	6
& 8	Step ball of L back (&) Step R fwd (8)	6
<b>9 - 16</b>	<b>Walk, Walk, 1/4 C bump, Knee Pops, Sailor 1/4 turn</b>	
1, 2	Walk fwd L (1), Walk fwd R (2)	6
3 & 4	Hitch L knee while making 1/4 turn right bumping L hip up (3) Step in place L as you bump hips right (&) Bend knees slightly as you bump hips left (weight ends L) (4)	9
5, 6	Pop L knee (5), Pop R knee (6)	9
7 & 8	Step R back with 1/4 turn right (7) Step L next to R (&) Step R forward (8)	12
<b>17 - 24</b>	<b>Hip pushes, Rock and Cross, and Cross, Side</b>	
1 2	Press L fwd to diagonal rolling hip (1), Step L next to right (2)	12
3 4	Press R fwd to diagonal rolling hip (1), Step R next to left (2)	12
5 & 6	Rock L to left side (5) Recover weight R (&) Cross L over R (6)	12
& 7, 8	Step R to right side (7) Cross L over R (&) Step R to right side*(8) (Slightly angle body left to set up for next step)	12
<b>25 - 32</b>	<b>Sailor Step, Sailor 1/4 turn, Step pivot, 1/2 Left, 1/4 left Shuffle</b>	
1 & 2	Step L behind R (1) Step R to right side (&) Step L to left side (2)	12
3 & 4	Step R back making 1/4 turn right (3) Step L next to R (&) Step R Forward* (4) (*Start of Step Pivot)	3
5, 6	Pivot 1/2 left (5), 1/2 turn left stepping R back (6)	3
7 & 8	Step L to left side making 1/4 turn left (7) Step R next to L (&) Step L left (8)	12

<b>B:</b> Section		End Facing
<b>1 - 8</b>	<b>Step, Knee pop, Shuffle fwd, Rock Recover, Coaster Step</b>	
1, 2	Step R fwd into left diagonal (1), Pop R knee (Bringing L next to R) (2)	10:30
3 & 4	Step R fwd (3), Step L next to R (&), Step R fwd (4)	10:30
5, 6	Rock L fwd (5), Recover to R (6)	10:30
7 & 8	Step L back (7), Step R next to L (&), Step L fwd (8)	10:30
<b>9 - 16</b>	<b>Step pivot, 1/2 turn, 1/2 turn, Rock recover, Shuffle step</b>	
1, 2	Step R fwd (1) 1/2 pivot over left shoulder (2)	4:30
3, 4	1/2 turn left stepping R back (3) 1/2 turn left stepping L fwd (4)	4:30
5, 6	Rock R fwd (5) Recover to L (6)	4:30
7 & 8	Step R to right squaring up to 6:00 (7). Step L next to R (&). Step R to right (8)	6

<b>17 - 24</b>	<b>Rock, Recover, Side/Drag, ¼ turn sweep</b>	
1, 2	Rock L into right diagonal (1) Recover to R (2)	6
3, 4	Step L a big step to left (3) slowly drag R next to L (4)	6
5, 6	Rock R behind L (5) Recover to L (6)	6
7, 8	Step R into ¼ turn right while sweeping L around from back to front (7,8)	9
<b>25 - 32</b>	<b>Cross Back Sweep, ¼ Left, Step Pivot</b>	
1, 2	Cross L over R (1) Step R back and slightly to the right (2)	9
3, 4	Step L back (3) Sweep R from front to back (4)	9
5, 6	Step R behind L (5) Step L forward making ¼ turn left (6)	6
7, 8	Step R forward (7) Pivot ½ turn over left shoulder (8)	12

<b>C:</b> Section		<b>End Facing</b>
<b>1 - 8</b>	<b>Step, Step with hitch, Out, Out, Ball Cross. Step, Hitch. Step, Hitch with ¼ turn left</b>	
1 - 2	Step R forward (1), Step L next to R while hitching R (2)	12
&3 &4	Step R to right side (&), Step L to left side (3), Step ball of R to center (&), Cross L over R (4)	12
5, 6	Step R to R side (5) Hitch L making ¼ turn left (6) (Optional: Lift arms to fit the lyrics)	12
7, 8	Step L down (7), Hitch R (8) (Optional: Lift arms to fit the lyrics)	9

**NOTE! C progresses ¼ turn counter clockwise. You will end up facing 12:00 when you finish the sequence of four C's.**

<b>TAG</b>		
	<b>After the 3<sup>rd</sup> B section, add the following 4 count Tag:</b> <b>Step, Hold with arms; close fists</b>	
<b>1 - 4</b>	Step R foot out to right side (1) hold 2 counts while raising both arms over your head (2-3) Step L next to R while quickly closing fists starting with pinkie and finishing with thumb (4)	12